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What is claimed is:

- 1. An exercise device providing stairclimber and treadmill configurations, comprising:
 - a body;

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- a plurality of treads;
 - a plurality of risers, each of which is detachably connected to at least one of the treads;
 - a transmission device disposed in the body and connected to the treads and the risers for moving the treads and the risers, wherein the treads abutting the risers are deployed in a stairclimber configuration, and wherein the treads substantially coplanar to the risers are deployed in the treadmill configuration;
 - an elevating device coupled to the body, moving the body; and
 - a panel is disposed at the front of the exercise device, enabling input of operational settings such as speed and active or passive mode selection.
 - 2. The exercise device as claimed in claim 1, further comprising a plurality of connectors and each of which detachably disposed between at least one tread and at least one plate.
- 3. The exercise device as claimed in claim 1, further comprising of a plurality of transmission shafts coupled to the transmission device.

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1 4. The exercise device as claimed in claim 1, 2 further comprising of a controller, coupled to the 3 elevating device and the transmission device, controlling 4 the elevating device and the transmission device.

- 5. The exercise device as claimed in claim 1, wherein the treads are rendered coplanar with the risers by removing the connectors and deploying in the treadmill configuration.
 - 6. The exercise device as claimed in claim 1, wherein the treads are rendered coplanar with the risers by rotating about the connectors and deploying in the treadmill configuration.
- 7. The exercise device as claimed in claim 1, wherein the elevating device is a hydraulic device.
 - 8. The exercise device as claimed in claim 1, further comprising a display unit coupled to the panel, providing an environmental simulation.
- 9. The exercise device as claimed in claim 8, further comprises a processing unit, disposed on the panel, processing images to appear on the display unit.
- 10. The exercise device as claimed in claim 8, the display unit could be a display or a personal display device or both of them.
 - 11. An exercise device, comprising:
- a body;

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- a plurality of treads;
- a belt on which the treads are movably disposed;
 - a plurality of adjusting mechanism disposed between the treads and the belt, bracketing the treads and keeping the corresponding treads in a horizontal orientation;
 - an elevating device coupled to the body, extending
 the body to a predetermined position or being
 angled with respect to the horizontal surface;
 and
 - a panel is disposed at the front of the exercise device, enabling input of operational settings such as speed and active or passive mode selection.
 - 12. The exercise device as claimed in claim 11, further comprising of a plurality of wheel, coupled to the belt, moving the treads.
 - 13. The exercise device as claimed in claim 11, further comprising of a controller coupled to the elevating device, controlling the elevating device and the adjusting mechanism.
 - 14. The exercise device as claimed in claim 11, wherein the elevating device is a hydraulic device.
- 1 15. The exercise device as claimed in claim 11,
 2 further comprising a display unit coupled to the panel,
 3 providing an environmental simulation.

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1 16. The exercise device as claimed in claim 15, 2 further comprises a processing unit, disposed on the 3 panel, processing images to appear on the display unit.

17. The exercise device as claimed in claim 15, the display unit could be a display or a personal display device or both of them.